Think You Have

# Bronchiectasis?

Learn how to talk to your doctor about accurately diagnosing bronchiectasis.

**BRONCHIECTASIS** is a chronic condition that causes the airways in a person's lungs to become damaged and abnormally widened from recurring inflammation and infection.

# Common Bronchiectasis-Related Symptoms:









Bronchiectasis affects more than 4.2 million people in the United States<sup>1</sup>, but its symptoms are often mistaken for COPD—which explains why some patients are misdiagnosed. If you think your symptoms could be pointing to bronchiectasis, now is the time to contact your healthcare team.

## Starting the Conversation

## "I Think I May Have Bronchiectasis."

Use these helpful talking points to guide the discussion with your physician.

### Ask

Ask about your doctor's experience in diagnosing and treating bronchiectasis.

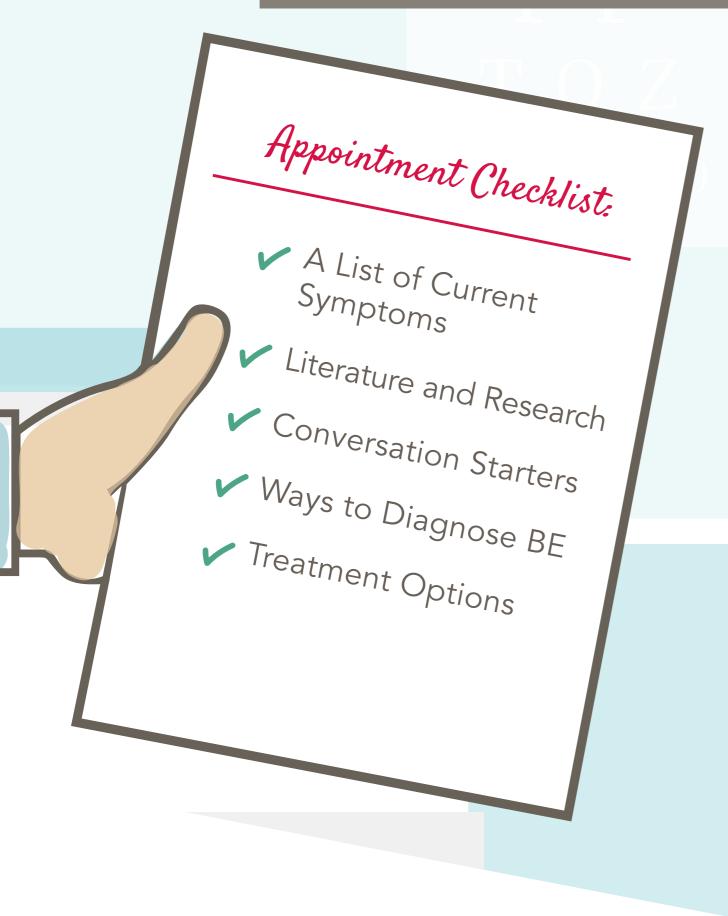
# Advocate

Be an advocate for your health by being vulnerable with your doctor about your symptoms so you can have an open dialogue about your respiratory health.

#### Share

Share literature and clinical research on bronchiectasis and how to identify its symptoms.

#### What to Bring to Your Appointment

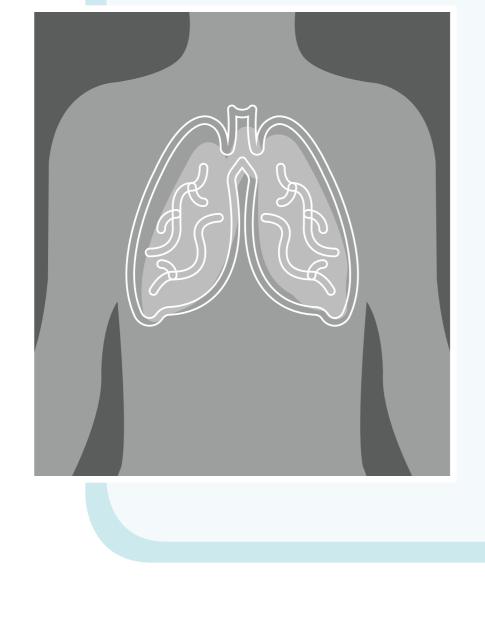


find clinical research on bronchiectasis

Visit smartvest.com/patient-resources to

and treating its symptoms. Download printable handouts for your doctor from Electromed, American Thoracic Society, and other community organizations.

# How to Diagnose Bronchiectasis



#### While there are a few different ways to

**HIGH-RESOLUTION CT SCAN** 

diagnose bronchiectasis, including a bronchoscopy or pulmonary function test, a high-resolution CT scan is the gold standard to confirm a bronchiectasis diagnosis.

A high-res CT scan will accurately detect

abnormal widening of the airways and damage caused by bronchiectasis.

How to Treat Bronchiectasis



#### Talk to your doctor about high frequency

"What's the Next Step?"

chest wall oscillation (HFCWO) therapy. Clinically proven to clear the lungs of excess mucus, HFCWO therapy is the best defense against bronchiectasis.

with you! Take charge of your health and talk with your doctor about what you and your medical care team can do to improve your quality of life.

The conversation begins

est defense against bronchiectasis. ca



We're here to help you get started.

<sup>1</sup>Weycker D, Hansen G, Seifer F. Prevalence and incidence of noncystic fibrosis bronchiectasis among US adults in 2013. Chronic Respiratory Disease. 2017; 14(4):377-384