Airway Clearance 101:
High Frequency Chest Wall Oscillation (HFCWO) therapy is an effective and comfortable airway clearance technique for managing bronchiectasis-related symptoms.

How Does An Airway Clearance Vest Work?

- **Air-Pulse Technology**: A generator delivers rapidly repeating pulses of air to a respiratory vest.
- **Gentle Squeezes**: Each pulse gently squeezes and releases the chest to loosen mucus in the lungs.
- **Clears Airways**: Mucus is propelled towards major airways where it can be more easily coughed out.

On Average, How Often Is HFCWO Therapy Performed?

- **2x per day**
- **30 minutes per session**
- **7 days per week**

Which Lung Conditions Can HFCWO Therapy Help Manage?

- **Bronchiectasis**: An irreversible, chronic condition where airways become damaged and abnormally widened from recurring inflammation or infection.
- **Neuromuscular Conditions**: Impaired muscular and nervous system functions that affect a person’s ability to clear mucus naturally.
- **Cystic Fibrosis**: A genetic condition that causes thick, sticky mucus to build up in the lungs, pancreas, and other organs.
- **COPD**: Chronic Obstructive Pulmonary Disease shares similarities to bronchiectasis, including frequent pneumonias, inflammation, and permanent lung damage.
- **Air-Pulse Technology**: A generator delivers rapidly repeating pulses of air to a respiratory vest.

Why is SmartVest an Effective HFCWO Therapy?

- **SmartVest is clinically proven to provide effective treatment and symptom relief compared to traditional airway clearance techniques.**

To learn more about bronchiectasis and airway clearance therapies, visit smartvest.com/airway-clearance.